

Contact our office for more details!  
 info@coastalwomenswellness.com  
 239-237-5529  
 www.coastalwomenswellness.com



**COASTAL WOMEN'S  
WELLNESS**

# Weight & Wellness Management Program

Initial consult + first follow-up to develop individualized treatment plan: \$350\*

Comprehensive health and medication history

**State of the art Styku™ 3D body analyzer**

Baseline labs

Review prior diets, programs & treatment

Screenings for medical co-morbidities

Review physical activity history, habits and limitations

Informational handouts

Welcome swag bag!

**\*Have 2 weeks after the second visit to determine if you want to apply the \$350 towards the annual membership fees**

*Get tangible guidance and structured medication plans from a board-certified OB/GYN physician who has unique knowledge of women's health and has invested in the additional education to be board-certified in the field of Obesity Medicine*

## Annual Membership

INCLUDES:



- 60 min initial comprehensive consultation + 2wk follow-up visit + **3D scan**
- **50 min comprehensive visit with registered dietician**
  - 1-month follow-up
  - 2-month follow-up
  - 3-month follow-up + **3D scan**
  - 4-month follow-up
  - 6-month follow-up
  - 8 month follow-up
  - 10 month follow-up
- 12-month eval, maintenance plan + **3D scan** (\*maintenance plan variable by patient/med but lower cost)
  - Any additional med titration follow-ups requested
  - Optional group sessions
  - Unlimited portal messaging & improved accountability
- All medication management, prior authorizations, ancillary testing order and review!

\*medication costs are separate and variable by insurance and pharmacy source

\* Additional STYKU scans available for \$30/scan for WMP patients

**Prompt Pay: ~~\$1320~~ \$1188** (existing CWW gyn patient)  
 Unestablished: \$350 at initial consult then \$970 before 3<sup>rd</sup> visit  
 CWW Gyn: \$350 at initial consult then \$838 before 3<sup>rd</sup> visit

**Monthly payments: ~~\$1500~~ \$1350** (existing CWW gyn patients)  
 Unestablished: \$350 then \$104/month x 11 months  
 CWW Gyn patients: \$350 then \$91/month x 11 months