

Contact our office for more details!
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 www.coastalwomenswellness.com



COASTAL WOMEN'S WELLNESS

Weight & Wellness Management Program

Initial consult + first follow-up to develop individualized treatment plan: \$350

Comprehensive health and medication history

State of the art Styku™ 3D body analyzer

Baseline labs

Screenings for medical co-morbidities

Review prior diets/programs & treatment

Review physical activity history, habits and limitations

Informational handouts

Welcome swag bag!



Get tangible guidance and structured medication plans from a board-certified OB/GYN physician who has unique knowledge of women's health and has invested in the additional education to be board-certified in the field of Obesity Medicine

Platinum \$240/mo (\$3000 for the year)	Gold \$100/mo (\$1450 for the year)	Silver \$50/month (\$900 for the year)
<p><u>INCLUDES:</u></p> <ul style="list-style-type: none"> 60-min initial comprehensive consultation + 2wk follow-up visit Unlimited 3D scans 50 min comprehensive visit with registered dietitian Monthly WMP follow-ups Optional group sessions Unlimited portal messaging & improved accountability All medication management, prior authorizations, ancillary testing order and review! GYN annual, hormone management, up to 8 additional problem visits per year + 20% off procedures 	<p><u>INCLUDES:</u></p> <ul style="list-style-type: none"> 60-min initial comprehensive consultation + 2wk follow-up visit 3D scan at initial, 3-month, and 12-month visits 50 min comprehensive visit with registered dietitian 1-2-3-4-6-8-10 month follow-ups 12-month eval & develop maintenance plan Optional group sessions and online community Unlimited portal messaging & improved accountability All medication management, prior authorizations, ancillary testing order and review! NO GYN included 	<p><u>INCLUDES:</u></p> <ul style="list-style-type: none"> 60-min initial comprehensive consultation + 2 wk follow-up + 3D scan Monthly check ins (clinical assistant with physician oversight) Optional add-on dietitian services 12-month eval, maintenance plan + 3D scan All medication management, prior authorizations, ancillary testing order and review! NO GYN included

- PROMPT PAY in full up-front annual fee - 10% discount on all tiers
- Maintenance plans are individualized at the end of the 12 months, typically at 3-6-month follow-up intervals for \$150/visit. There is also an option for patients wanting to transfer their previous medication management to CWW.
- Note: Medication costs are separate and vary by insurance and pharmacy source. Additional STYKU scans available for \$30/scan for non-platinum programs. Aside from Silver Program, all visits are directly with Dr. Ward.