

CWW Signature Care™

ONGOING PHYSICIAN CARE FOR
HORMONES, MENOPAUSE/PERIMENOPAUSE,
WEIGHT & METABOLIC HEALTH



*More support.
More access.
A healthier you.*

Signature Care is designed for a higher touch level of direct physician care. It provides ongoing access to Dr. Ward for individualized hormone, menopause/perimenopause, weight and metabolic care. A deeper dive into hormone-related symptoms and their underlying causes – with flexibility to adjust treatment as your needs change.

\$220
PER MONTH

\$250 one-time enrollment fee.
Waived for established patients.

*6 month minimum enrollment

YOUR MEMBERSHIP INCLUDES



VIRTUAL VISITS WITH DR. WARD AS OFTEN AS MEDICALLY APPROPRIATE

Schedule virtual appointments for hormone therapy, menopause/perimenopause concerns, weight management, GLP-1 treatment and related metabolic health needs.



DIRECT PHYSICIAN PORTAL ACCESS

Send Dr. Ward clinical questions through your secure patient portal whenever they arise. Messages are reviewed and answered during regular business hours.



ONGOING HORMONE THERAPY MANAGEMENT

Medication adjustments, changes in dose or formulation, management of side effects, and help navigating medication availability.



COMPREHENSIVE WEIGHT & GLP-1 MANAGEMENT

Ongoing assessment of treatment response, medication adjustment when appropriate, side-effect management, plateaus and maintenance planning.



NUTRITION, EXERCISE & MUSCLE- PRESERVATION GUIDANCE

Ongoing physician guidance regarding nutrient intake, exercise, physical activity, resistance training, muscle preservation, sleep and other lifestyle factors relevant to hormone and metabolic health.



LABORATORY REVIEW & PHYSICIAN INTERPRETATION

When laboratory testing is appropriate for the conditions we are managing, Dr. Ward can order, review and interpret your results and make treatment recommendations without requiring a separately billed visit.

Members also have access to CWW's discounted self-pay laboratory options.



PROFESSIONAL BODY-COMPOSITION MONITORING

Membership includes access to InBody body-composition scans to help monitor changes in skeletal muscle, body fat and other key measures beyond the scale.



IN-OFFICE PHLEBOTOMY

When laboratory testing is ordered through CWW and can be collected in our office, members may have their blood drawn at CWW without the usual separate phlebotomy charge.



DISCOUNTED IV SERVICES

Members receive preferred pricing on eligible CWW IV services, including Myers' IVs, Immunity Blend IVs and iron infusions.

IV therapy is subject to medical eligibility, scheduling and supply availability.



WHAT SIGNATURE CARE DOES NOT REPLACE

Signature Care is specialty care focused on hormone, menopause/perimenopause, weight and metabolic health. It is not primary care and does not replace routine in-person gynecologic care.

GYNECOLOGIC CARE REMAINS FEE-FOR-SERVICE

Annual/well-woman examinations, Pap/HPV screening, breast and pelvic examinations, evaluation of gynecologic concerns, contraception and gynecologic procedures remain available separately through Coastal Women's Wellness on a fee-for-service basis.